

## PREOPERATIVE QUESTIONNAIRE

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Email: \_\_\_\_\_

Current Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: Home ( \_\_\_\_\_ ) - \_\_\_\_\_ Cell ( \_\_\_\_\_ ) - \_\_\_\_\_  
 Work ( \_\_\_\_\_ ) - \_\_\_\_\_ ext. \_\_\_\_\_

Legal guardian/parent (if under 18 years of age): \_\_\_\_\_

### CURRENT MEDICATIONS (including dose & REASON PRESCRIBED)

Please include vitamins such as calcium, vitamin D, etc.

- |          |           |
|----------|-----------|
| 1. _____ | 6. _____  |
| 2. _____ | 7. _____  |
| 3. _____ | 8. _____  |
| 4. _____ | 9. _____  |
| 5. _____ | 10. _____ |

### APPLICABLE SURGICAL ALLERGIES

Please check "Yes" or "No" if you can take the following medications.		
Penicillin	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Sulfa	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Aspirin	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Codeine	<input type="checkbox"/> Yes	<input type="checkbox"/> No

Please check "Yes" or "No" if you are allergic or sensitive to the following items.		
Adhesives	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Iodine/Betadine	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Latex	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Suture	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Metals (i.e. Nickel)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Local anesthetics (i.e. Novocaine, Lidocaine)	<input type="checkbox"/> Yes	<input type="checkbox"/> No

### PHYSICIAN SPECIALISTS

Do you currently see a cardiologist?  Yes  No

If yes, please list the following information:

Physician Name	Number	Date of last appointment
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Do you currently see a pain management specialist?  Yes  No

If yes, please list the following information:

Physician Name	Number	Date of last appointment
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Are you currently under a pain management contract?

Yes

No

Please check "Yes" or "No" for each of the following questions. Additional details may be necessary if you have selected "Yes" for specific questions.

Do you require more local anesthetic to become numb?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you or a family member ever had any problems with anesthesia? If yes, please explain:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever had trouble with pain medication (i.e. nausea, headache, constipation)? If yes, please explain:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever had heart surgery? If yes, please explain:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have any heart conditions? If yes, please explain:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever had rheumatic fever?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever had surgery to improve circulation in your legs?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have trouble with swelling in your legs? If yes, please explain:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever had trouble with the veins in your legs?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever had a blood clot in your legs or lungs? If yes, please explain:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever had joint replacement surgery?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever needed an antibiotic before dental work or surgery?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you been anemic or had low iron in your blood?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Are you prone to infections or ever had an infection after surgery?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever had difficulty healing a wound? If yes, please explain:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have sleep apnea? If yes, CPAP or BIPAP? Machine settings?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever been diagnosed with fibromyalgia?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever had Polio?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever had AIDS or tested positive for HIV?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have liver disease? If so, please explain:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever had hepatitis?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have kidney disease? If so, please explain:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you smoke or chew tobacco? If yes, how much and how often?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you drink alcohol? If yes, how much and how often?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

Do you consume caffeine? If yes, how much and how often?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you use recreational drugs? If yes, how much and how often?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever used crutches?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever used a walker?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever used a knee scooter?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have trouble with your knees, hips, or back? If yes, please explain:	<input type="checkbox"/> Yes	<input type="checkbox"/> No

What size shoe do you wear? \_\_\_\_\_

## Pre-op DVT Risk Assessment

### Risk Factors – 1 Point Each

- Age 41-60 years
- Minor surgery planned
- History of prior major surgery (< 1 month)
- Varicose veins
- History of inflammatory bowel disease (IBS)
- Swollen legs (current)
- Obesity (BMI > 25)
- Recent heart attack
- Congestive heart failure (< 1 month)
- Sepsis – bloodstream infection (< 1 month)
- Serious lung disease including pneumonia (< 1 month)
- Abnormal lung function (COPD)
- Currently on bed rest

**Total Points =**

### Risk Factors – 2 Points Each

- Age 61-74 years
- Arthroscopic surgery - scope of a joint
- Malignancy (present or previous)
- Major surgery (> 45 minutes)
- Laparoscopic surgery –scope of the abdomen (> 45 minutes)
- Bed rest (> 72 hours)
- Immobilized in splint/cast (< 1 month)
- Central venous access (port/PICC line)

**Total Points =**

### Risk Factors – 3 Points Each

- Age 75 years or older
- History of blood clot in the legs or lungs
- Family history of blood clot/clotting disorder
- Have you seen a hematologist for testing of a bleeding/clotting disorder?

**Total Points =**

### Risk Factors – 5 Points Each

- Elective hip or knee joint replacement
- Hip, pelvis or leg fracture (< 1 month)
- Stroke (< 1 month)
- Multiple trauma (< 1 month)
- Acute spinal cord injury (paralysis < 1 month)

**Total Points =**

### Females Only – 1 Point Each

- Birth control pills or hormone replacement therapy
- Pregnancy or postpartum (< 1 month)
- History of
  - unexplained stillborn
  - 3 or more recurrent spontaneous abortions
  - premature birth with toxemia
  - growth restrictions

**Total Points=**

**Total Risk Factor Points =** \_\_\_\_\_

<u>Risk</u>	<u>Score</u>
Very low	0-1
Moderate	2
Higher	3-4
Highest	≥5