

## PATIENT INFORMATION

Patient's Full Name: \_\_\_\_\_  
(First) (Middle) (Last)

By what name do you want to be addressed? \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_

SS#: \_\_\_\_\_ Race: \_\_\_\_\_ Ethnicity: \_\_\_\_\_ Sex:  Male  Female

Language: \_\_\_\_\_ Marital Status:  Single  Married  Divorced  Widowed

Mobile #: \_\_\_\_\_ Work #: \_\_\_\_\_ Home (if any) #: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ ZIP: \_\_\_\_\_ Email: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_ How Long: \_\_\_\_\_

Employer's Address: \_\_\_\_\_

## INSURANCE INFORMATION

Name of Primary Insurance Company: \_\_\_\_\_

### Policyholder's Information

Name: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

SS #: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Phone #: \_\_\_\_\_

ID #: \_\_\_\_\_ Group #: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_ How Long: \_\_\_\_\_

Employer's Address: \_\_\_\_\_

Name of Secondary Insurance Company: \_\_\_\_\_

### Policyholder's Information

Name: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

SS #: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Phone #: \_\_\_\_\_

Employer: \_\_\_\_\_ ID #: \_\_\_\_\_ Group #: \_\_\_\_\_

Occupation: \_\_\_\_\_ How Long: \_\_\_\_\_

Employer's Address: \_\_\_\_\_

Patient's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

## PERSONAL INFORMATION

### How did you hear about us?

Primary Care Physician

Family Name: \_\_\_\_\_

Insurance Company

Friend Name: \_\_\_\_\_

Internet

Patient Name: \_\_\_\_\_

Other Physician Name: \_\_\_\_\_

Other: \_\_\_\_\_

## CONSENT FOR RELEASE OF INFORMATION

Please list individuals with whom we **DO** have permission to speak or leave a message:

The **FIRST** person you list will be considered your primary emergency contact

**Name**

**Relationship**

**Phone #**

\_\_\_\_\_

\_\_\_\_\_

(\_\_\_\_) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(\_\_\_\_) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(\_\_\_\_) \_\_\_\_\_

Checkmark below if we **SHOULD NOT** use a method to contact you:

	Appointment information	Medical information	FAAWC updates (newsletter, etc.)
1. HOME Phone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. MOBILE Phone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. MOBILE Text	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. WORK Phone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Email	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Mail	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## PATIENT ACKNOWLEDGEMENT NOTICE OF PRIVACY PRACTICES

I have been offered a copy of Notice of Privacy Practices for FAAWC.

Declined       Accepted

Patient Signature: \_\_\_\_\_ Date Signed: \_\_\_\_\_

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

## ASSIGNMENT OF BENEFITS

I authorize the release of any medical or other associated information to my insurance company or companies necessary to process my medical claims. I also authorize payment of medical benefits directly to Foot & Ankle Wellness Center for medical services and supplies provided.

Signature of Patient (or Parent/Guardian): \_\_\_\_\_ Date: \_\_\_\_\_

## FINANCIAL POLICY

Full payment is expected on the day medical services are provided unless you have health insurance that we are in contract with. Our contract with your insurance company requires you to pay the following:

- CO-PAY:** An amount you must pay at each visit to a doctor.
- NON-COVERED SERVICES:** Services that are not covered under your insurance benefit plan.
- DEDUCTIBLE:** An amount you must pay first out of your own pocket each year before your insurance will pay for any services.
- CO-INSURANCE:** An amount (usually a percentage) of the fee that your insurance company expects you to pay.

We will scan your insurance card(s) at your initial visit. After that, you must inform us of any change in coverage and provide us with your new insurance card(s). If you do not provide us with your insurance information you will be required to make a full payment at the visit for services rendered. Some insurance plans require a referral from your primary care physician. You are responsible for obtaining this referral prior to your visit or you will be required to make a full payment at your visit for services rendered. If you have two health insurance plans, it is your responsibility to inform us which plan is your PRIMARY coverage that we will bill first and which plan is your SECONDARY coverage.

It is your responsibility to know your insurance benefits. We will bill your insurance company on your behalf. It is ultimately your responsibility to convince your insurance company to pay for covered services on your behalf. Any "allowed amount" not paid or written off by your insurance company will be billed to you. Orthotics and other services not covered by insurance will be billed to you. You will receive a statement by mail, and you must pay the balance within 30 days. You may use CASH, CHECK or CREDIT CARD. You will be assessed a finance charge monthly (12% annually) or a \$1 minimum monthly fee on any unpaid balance.

**CANCELLATION POLICY:** If you need to cancel or reschedule an appointment, please notify us at least 2 business days in advance to allow us to offer that appointment time to another patient. If you should cancel, reschedule or fail to attend an appointment without 2 business days' notice, a **fee of \$35** will be charged.

Check if billing address is the same as patient address.

Person Responsible for Your Bill: \_\_\_\_\_ Relationship: \_\_\_\_\_

Billing Address: \_\_\_\_\_  
(Street) (City) (State) (ZIP)

I have read this financial policy and understand it fully.

\_\_\_\_\_  
Signature of Patient (or Parent/Guardian)

\_\_\_\_\_  
Date

A copy of this agreement will be provided upon your request.

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

## REASON FOR VISIT

Please describe your present foot or ankle concerns, problems or symptoms:

1. \_\_\_\_\_
2. \_\_\_\_\_

Have you ever been seen by a podiatrist?  Yes  No

If yes, for what reason? (Please include who and when.) \_\_\_\_\_  
\_\_\_\_\_

## MEDICAL HISTORY

When was your last physical exam? \_\_\_\_\_

Family doctor's first and last names: \_\_\_\_\_ Phone #: (\_\_\_\_) \_\_\_\_\_

1. **Are you currently under medical treatment?**  Yes  No

If yes, for what? \_\_\_\_\_

2. **Care Team:** List other specialists you see such as cardiologists, dermatologists, chiropractors, etc.  
**Type of Specialist** **Name and contact info**

Type of Specialist	Name and contact info
_____	_____
_____	_____
_____	_____

3. **Please check any of the following to which you've had allergic reactions:**  NONE

Adhesive Tape  Iodine  Penicillin

Aspirin  Latex  Sulfa

Codeine  Local Anesthetics (Novocaine)

Other (please explain): \_\_\_\_\_

4. **Are you currently taking any prescription or over-the-counter medications?**  Yes  No

I have brought an updated list of medications with me.

If you answered "yes" and you didn't bring an updated list, please list them:

**Name of Medication/Dosage/When Taken**

**Reason for Medication**

Name of Medication/Dosage/When Taken	Reason for Medication
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

5. **Local pharmacy, location and phone #:** \_\_\_\_\_  
**Mail order pharmacy:** \_\_\_\_\_

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

## MEDICAL HISTORY (CONTINUED)

**6. Have YOU ever had the following? (Please check all that apply.)**

- |   |   |
|---|---|
| <input type="checkbox"/> Acid Reflux  | <input type="checkbox"/> High Cholesterol   |
| <input type="checkbox"/> Anemia (Low Blood Count)   | <input type="checkbox"/> HIV/AIDS   |
| <input type="checkbox"/> Anxiety  | <input type="checkbox"/> Hypoglycemia (Low Blood Sugar)   |
| <input type="checkbox"/> Arthritis    Type: _____   | <input type="checkbox"/> Kidney Disease   |
| <input type="checkbox"/> Asthma   | <input type="checkbox"/> Liver Disease  |
| <input type="checkbox"/> Blindness  | <input type="checkbox"/> Lupus  |
| <input type="checkbox"/> Blood Clots (e.g. DVT)   | <input type="checkbox"/> Migraine Headaches   |
| <input type="checkbox"/> Cancer    Type: _____  | <input type="checkbox"/> Mitral Valve Prolapse  |
| <input type="checkbox"/> Chemotherapy   | <input type="checkbox"/> Multiple Sclerosis   |
| <input type="checkbox"/> Chronic Fatigue Syndrome   | <input type="checkbox"/> Muscular Dystrophy   |
| <input type="checkbox"/> COPD (Emphysema)   | <input type="checkbox"/> Osteoarthritis   |
| <input type="checkbox"/> Depression   | <input type="checkbox"/> Peripheral Arterial Disease  |
| <input type="checkbox"/> Diabetes <input type="checkbox"/> Type 1 <input type="checkbox"/> Type 2 | <input type="checkbox"/> Phlebitis  |
| How Long: _____   | <input type="checkbox"/> Polio  |
| <input type="checkbox"/> Eczema   | <input type="checkbox"/> Psoriasis  |
| <input type="checkbox"/> Epilepsy   | <input type="checkbox"/> Pulmonary Embolism   |
| <input type="checkbox"/> Fibromyalgia   | <input type="checkbox"/> Rheumatic Fever  |
| <input type="checkbox"/> Glaucoma   | <input type="checkbox"/> Rheumatoid Arthritis   |
| <input type="checkbox"/> Gout   | <input type="checkbox"/> Sleep Apnea  |
| <input type="checkbox"/> Hard of Hearing  | <input type="checkbox"/> Spinal Stenosis  |
| <input type="checkbox"/> Hardening of Arteries  | <input type="checkbox"/> Stomach Ulcer  |
| <input type="checkbox"/> Heart Disease  | <input type="checkbox"/> Stroke   |
| <input type="checkbox"/> Heart Murmur (e.g. AFib, VFib)   | <input type="checkbox"/> Thyroid Function <input type="checkbox"/> High <input type="checkbox"/> Low    |
| <input type="checkbox"/> Hepatitis A B C D (circle one)   | <input type="checkbox"/> Tuberculosis <input type="checkbox"/> Active <input type="checkbox"/> Inactive |
| <input type="checkbox"/> Herniated Disc (What level? _____)                                       | <input type="checkbox"/> Varicose Veins   |
| <input type="checkbox"/> High Blood Pressure  |   |
| <input type="checkbox"/> Other (please explain): _____  |   |

**7. Have YOU ever had an operation, especially to the legs, ankles or feet?     Yes     No**

- If yes, please describe: \_\_\_\_\_
- |   |   |
|---|---|
| <input type="checkbox"/> Appendix   | <input type="checkbox"/> Hysterectomy   |
| <input type="checkbox"/> Bypass Surgery <input type="checkbox"/> Heart <input type="checkbox"/> Leg | <input type="checkbox"/> Joint Replacement (Which? _____)                                   |
| <input type="checkbox"/> Catheterization (Heart)  | <input type="checkbox"/> Orthopedic (Body area? _____)                                      |
| <input type="checkbox"/> Foot/Ankle Surgery   | <input type="checkbox"/> Pacemaker/Defibrillator (circle one)                               |
| <input type="checkbox"/> Gall Bladder   | <input type="checkbox"/> Stents <input type="checkbox"/> Heart <input type="checkbox"/> Leg |
| <input type="checkbox"/> Gastric Bypass or Lap Band (circle one)                                    | <input type="checkbox"/> Tonsils  |

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

## MEDICAL HISTORY (CONTINUED)

8. Has *any member of your immediate family* been treated for the following?  UNKNOWN  
(Please check all that apply AND circle the appropriate family member.)  NONE  
F = father M = mother B = brother Si = sister So = son D = daughter
- |                                    |   |   |   |    |    |   |  |   |   |   |    |    |   |
|------------------------------------|---|---|---|----|----|---|--|---|---|---|----|----|---|
| <input type="checkbox"/> Arthritis | F | M | B | Si | So | D | <input type="checkbox"/> Heart Disease       | F | M | B | Si | So | D |
| <input type="checkbox"/> Cancer    | F | M | B | Si | So | D | <input type="checkbox"/> High Blood Pressure | F | M | B | Si | So | D |
| <input type="checkbox"/> Diabetes  | F | M | B | Si | So | D |  |   |   |   |    |    |   |
9. Do you smoke or use tobacco products?  Currently: how much: \_\_\_\_\_  Formerly  Never
10. Do you vape?  Yes  No
11. Do you use illegal drugs?  Yes  No
12. Do you use alcohol?  Yes  No
13. What is your marital status?  Single  Married  Divorced  Widowed
14. What is your occupation? \_\_\_\_\_  Retired
15. Do you have or are you subject to any of the following? (Please check all that apply.)
- |   |   |
|---|---|
| <input type="checkbox"/> Back Pain                      | <input type="checkbox"/> Fever/Chills                     |
| <input type="checkbox"/> Balance Problems               | <input type="checkbox"/> Foot/Leg Pain at Night           |
| <input type="checkbox"/> Bleeding/Clotting Disorder     | <input type="checkbox"/> Foot/Leg Cramps When Walking     |
| <input type="checkbox"/> Bleeding Tendency              | <input type="checkbox"/> Foot/Leg Cramps at Night         |
| <input type="checkbox"/> Burning Pain/Tingling/Numbness | <input type="checkbox"/> MRSA or VRE Infection (Previous) |
| <input type="checkbox"/> Calf Pain                      | <input type="checkbox"/> Nausea/Vomiting                  |
| <input type="checkbox"/> Chest Pain                     | <input type="checkbox"/> Nervousness                      |
| <input type="checkbox"/> Chronic Infections             | <input type="checkbox"/> Prolonged Bleeding               |
| <input type="checkbox"/> Circulatory Problems           | <input type="checkbox"/> Shortness of Breath at Rest      |
| <input type="checkbox"/> Cold Feet                      | <input type="checkbox"/> Shortness of Breath When Active  |
| <input type="checkbox"/> Fainting                       | <input type="checkbox"/> Swelling of Legs                 |
- NONE

I CERTIFY THE INFORMATION ABOVE IS TRUE AND CORRECT TO THE BEST OF MY KNOWLEDGE.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

## FALL RISK SELF-ASSESSMENT

Please read each statement below. Mark "Yes" if it describes you or "No" if it does not.

1. I have fallen in the past year.  Yes  No  
If yes, were you injured? (Were you treated, even by yourself?)  Yes  No
2. I have fallen 3 or more times in the past year.  Yes  No
3. Sometimes I feel unsteady when I am walking.  Yes  No
4. I steady myself by holding onto furniture at home.  Yes  No
5. I am worried about falling.  Yes  No
6. I need to push with my hands to stand up from a chair.  Yes  No
7. I have some trouble stepping up onto a curb.  Yes  No
8. I have decreased or no feeling in my feet (neuropathy).  Yes  No
9. I take medicine that sometimes makes me feel light-headed or more tired than usual.  Yes  No
10. I take medicine to help me sleep or improve my mood.  Yes  No
11. Have you ever had a DXA test (dual-energy X-ray absorptiometry) to check for osteoporosis/low bone density?  Yes  No  
If yes, when? \_\_\_\_\_