

## PATIENT INFORMATION

Patient's Full Name: \_\_\_\_\_  
(First) (Middle) (Last)

Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Race/Ethnicity: \_\_\_\_\_ Sex: ☐ Male ☐ Female

Marital Status: ☐ Single ☐ Married ☐ Divorced ☐ Widowed SS #: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ ZIP: \_\_\_\_\_ Email: \_\_\_\_\_

Mobile #: \_\_\_\_\_ Work #: \_\_\_\_\_ Home #: \_\_\_\_\_

Patient Employed By: \_\_\_\_\_

How Long: \_\_\_\_\_ Employer's Address: \_\_\_\_\_

### IF APPLICABLE

Spouse's Name: \_\_\_\_\_ SS #: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Mobile #: \_\_\_\_\_

Spouse Employed By: \_\_\_\_\_ Occupation: \_\_\_\_\_

How Long: \_\_\_\_\_ Employer's Address: \_\_\_\_\_

### PLEASE FILL OUT IF PATIENT IS UNDER PARENTS' INSURANCE PLAN(S)

Father's Mobile #: \_\_\_\_\_ Mother's Mobile #: \_\_\_\_\_

Father Employed By: \_\_\_\_\_ SS #: \_\_\_\_\_

Occupation: \_\_\_\_\_ How Long: \_\_\_\_\_ Employer's Phone #: \_\_\_\_\_

Employer's Address: \_\_\_\_\_

Mother Employed By: \_\_\_\_\_ SS #: \_\_\_\_\_

Occupation: \_\_\_\_\_ How Long: \_\_\_\_\_ Employer's Phone #: \_\_\_\_\_

Employer's Address: \_\_\_\_\_

Name of Primary Insurance Company: \_\_\_\_\_

Primary Policyholder's Name: \_\_\_\_\_

SS #: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Phone #: \_\_\_\_\_

Employer: \_\_\_\_\_ ID #: \_\_\_\_\_ Group #: \_\_\_\_\_

Name of Secondary Insurance Company: \_\_\_\_\_

Primary Policyholder's Name: \_\_\_\_\_

SS #: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Phone #: \_\_\_\_\_

Employer: \_\_\_\_\_ ID #: \_\_\_\_\_ Group #: \_\_\_\_\_

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

## REASON FOR VISIT

Please describe your present foot or ankle concerns, problems or symptoms:

1. \_\_\_\_\_
2. \_\_\_\_\_

Have you ever been seen by a podiatrist? ☐ Yes ☐ No

If yes, for what reason? (Please include who and when.) \_\_\_\_\_

How did you hear about FAAWC? \_\_\_\_\_

## MEDICAL HISTORY

When was your last physical exam? \_\_\_\_\_

Family doctor's first and last names: \_\_\_\_\_ Phone #: (\_\_\_\_) \_\_\_\_\_

1. **Are you currently under medical treatment?** ☐ Yes ☐ No

If yes, for what? \_\_\_\_\_

2. **Please check any of the following to which you've had allergic reactions:** ☐ NONE

☐ Adhesive Tape

☐ Iodine

☐ Penicillin

☐ Aspirin

☐ Latex

☐ Sulfa

☐ Codeine

☐ Local Anesthetics (Novocaine)

☐ Other (please explain): \_\_\_\_\_

3. **Are you currently taking any prescription or over-the-counter medications?** ☐ Yes ☐ No

☐ Please check this box if you have brought an updated list of your medications with you.

If you answered "yes" and you didn't bring an updated list, please list them:

**Name of Medication/Dosage/When Taken**

**Reason for Medication**

|       |       |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

4. **Primary pharmacy, location and phone #:**

\_\_\_\_\_

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

## MEDICAL HISTORY (CONTINUED)

**5. Have *YOU* ever had the following? (Please check all that apply.)**

- |   |   |
|---|---|
| <input type="checkbox"/> Acid Reflux                        | <input type="checkbox"/> HIV/AIDS   |
| <input type="checkbox"/> Anemia (Low Blood Count)           | <input type="checkbox"/> Hypoglycemia (Low Blood Sugar)   |
| <input type="checkbox"/> Arthritis      Type: _____         | <input type="checkbox"/> Kidney Disease   |
| <input type="checkbox"/> Asthma                             | <input type="checkbox"/> Liver Disease  |
| <input type="checkbox"/> Blindness                          | <input type="checkbox"/> Lupus  |
| <input type="checkbox"/> Blood Clots (e.g. DVT)             | <input type="checkbox"/> Migraine Headaches   |
| <input type="checkbox"/> Cancer      Type: _____            | <input type="checkbox"/> Mitral Valve Prolapse  |
| <input type="checkbox"/> Chemotherapy                       | <input type="checkbox"/> Multiple Sclerosis   |
| <input type="checkbox"/> Chronic Fatigue Syndrome           | <input type="checkbox"/> Muscular Dystrophy   |
| <input type="checkbox"/> COPD (Emphysema)                   | <input type="checkbox"/> Osteoarthritis   |
| <input type="checkbox"/> Diabetes      How Long: _____      | <input type="checkbox"/> Peripheral Arterial Disease  |
| <input type="checkbox"/> Eczema                             | <input type="checkbox"/> Phlebitis  |
| <input type="checkbox"/> Epilepsy                           | <input type="checkbox"/> Polio  |
| <input type="checkbox"/> Fibromyalgia                       | <input type="checkbox"/> Psoriasis  |
| <input type="checkbox"/> Glaucoma                           | <input type="checkbox"/> Pulmonary Embolism   |
| <input type="checkbox"/> Gout                               | <input type="checkbox"/> Rheumatic Fever  |
| <input type="checkbox"/> Hard of Hearing                    | <input type="checkbox"/> Rheumatoid Arthritis   |
| <input type="checkbox"/> Hardening of Arteries              | <input type="checkbox"/> Sleep Apnea  |
| <input type="checkbox"/> Heart Disease                      | <input type="checkbox"/> Spinal Stenosis  |
| <input type="checkbox"/> Heart Murmur (e.g. AFib, VFib)     | <input type="checkbox"/> Stomach Ulcer  |
| <input type="checkbox"/> Hepatitis A B C D (circle one)     | <input type="checkbox"/> Stroke   |
| <input type="checkbox"/> Herniated Disc (What level? _____) | <input type="checkbox"/> Thyroid Function <input type="checkbox"/> High <input type="checkbox"/> Low    |
| <input type="checkbox"/> High Blood Pressure                | <input type="checkbox"/> Tuberculosis <input type="checkbox"/> Active <input type="checkbox"/> Inactive |
| <input type="checkbox"/> High Cholesterol                   | <input type="checkbox"/> Varicose Veins   |
| <input type="checkbox"/> Other (please explain): _____      |   |

**6. Have *YOU* ever had an operation, especially to the legs, ankles or feet?    ☐ Yes    ☐ No**

- If yes, please describe: \_\_\_\_\_
- |   |   |
|---|---|
| <input type="checkbox"/> Appendix   | <input type="checkbox"/> Hysterectomy   |
| <input type="checkbox"/> Bypass Surgery <input type="checkbox"/> Heart <input type="checkbox"/> Leg | <input type="checkbox"/> Joint Replacement (Which? _____)                                   |
| <input type="checkbox"/> Catheterization (Heart)  | <input type="checkbox"/> Orthopedic (Body area? _____)                                      |
| <input type="checkbox"/> Foot/Ankle Surgery   | <input type="checkbox"/> Pacemaker/Defibrillator (circle one)                               |
| <input type="checkbox"/> Gall Bladder   | <input type="checkbox"/> Stents <input type="checkbox"/> Heart <input type="checkbox"/> Leg |
| <input type="checkbox"/> Gastric Bypass or Lap Band (circle one)                                    | <input type="checkbox"/> Tonsils  |

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

## MEDICAL HISTORY (CONTINUED)

7. Has *any member of your immediate family* been treated for the following? ☐ UNKNOWN  
(Please check all that apply AND circle the appropriate family member.)  
F = father M = mother B = brother Si = sister So = son D = daughter
- |                                    |   |   |   |    |    |   |  |   |   |   |    |    |   |
|------------------------------------|---|---|---|----|----|---|--|---|---|---|----|----|---|
| <input type="checkbox"/> Arthritis | F | M | B | Si | So | D | <input type="checkbox"/> Heart Disease       | F | M | B | Si | So | D |
| <input type="checkbox"/> Cancer    | F | M | B | Si | So | D | <input type="checkbox"/> High Blood Pressure | F | M | B | Si | So | D |
| <input type="checkbox"/> Diabetes  | F | M | B | Si | So | D |  |   |   |   |    |    |   |
8. Do you smoke? ☐ Currently ☐ Formerly ☐ Never
9. Do you use illegal drugs? ☐ Yes ☐ No
10. Do you use alcohol? ☐ Yes ☐ No
11. What is your marital status? ☐ Single ☐ Married ☐ Divorced ☐ Widowed
12. What is your occupation? \_\_\_\_\_ ☐ Retired
13. Do you have or are you subject to any of the following? (Please check all that apply.)
- |   |   |
|---|---|
| <input type="checkbox"/> Back Pain                      | <input type="checkbox"/> Fever/Chills                     |
| <input type="checkbox"/> Balance Problems               | <input type="checkbox"/> Foot/Leg Pain at Night           |
| <input type="checkbox"/> Bleeding/Clotting Disorder     | <input type="checkbox"/> Foot/Leg Cramps When Walking     |
| <input type="checkbox"/> Bleeding Tendency              | <input type="checkbox"/> Foot/Leg Cramps at Night         |
| <input type="checkbox"/> Burning Pain/Tingling/Numbness | <input type="checkbox"/> MRSA or VRE Infection (Previous) |
| <input type="checkbox"/> Calf Pain                      | <input type="checkbox"/> Nausea/Vomiting                  |
| <input type="checkbox"/> Chest Pain                     | <input type="checkbox"/> Nervousness                      |
| <input type="checkbox"/> Chronic Infections             | <input type="checkbox"/> Prolonged Bleeding               |
| <input type="checkbox"/> Circulatory Problems           | <input type="checkbox"/> Shortness of Breath at Rest      |
| <input type="checkbox"/> Cold Feet                      | <input type="checkbox"/> Shortness of Breath When Active  |
| <input type="checkbox"/> Fainting                       | <input type="checkbox"/> Swelling of Legs                 |
- ☐ NONE

I CERTIFY THE INFORMATION ABOVE IS TRUE AND CORRECT TO THE BEST OF MY KNOWLEDGE.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

## PERSONAL INFORMATION

By What Name Do You Want to Be Addressed? \_\_\_\_\_ Email: \_\_\_\_\_

Primary Care Physician (i.e. Family Doctor): \_\_\_\_\_

How Did You Hear About Us?

- |   |  |             |
|---|--|-------------|
| <input type="checkbox"/> Primary Care Physician | <input type="checkbox"/> Family          | Name: _____ |
| <input type="checkbox"/> Insurance Company      | <input type="checkbox"/> Friend          | Name: _____ |
| <input type="checkbox"/> Internet               | <input type="checkbox"/> Patient         | Name: _____ |
|   | <input type="checkbox"/> Other Physician | Name: _____ |
| <input type="checkbox"/> Other: _____           |  |             |

## CONSENT FOR RELEASE OF INFORMATION

Please check ALL methods you do **NOT** want us to use to contact you for each reason:

|                 | Appointment<br>information | Medical<br>information   | FAAWC updates<br>(newsletter, etc.) |
|-----------------|----------------------------|--------------------------|-------------------------------------|
| 1. HOME Phone   | <input type="checkbox"/>   | <input type="checkbox"/> | <input type="checkbox"/>            |
| 2. MOBILE Phone | <input type="checkbox"/>   | <input type="checkbox"/> | <input type="checkbox"/>            |
| 3. MOBILE Text  | <input type="checkbox"/>   | <input type="checkbox"/> | <input type="checkbox"/>            |
| 4. WORK Phone   | <input type="checkbox"/>   | <input type="checkbox"/> | <input type="checkbox"/>            |
| 5. Email        | <input type="checkbox"/>   | <input type="checkbox"/> | <input type="checkbox"/>            |
| 6. Mail         | <input type="checkbox"/>   | <input type="checkbox"/> | <input type="checkbox"/>            |

Please list individuals with whom we **DO** have permission to speak or leave a message:

The FIRST person you list will be considered your primary emergency contact.

| Name  | Relationship | Phone #      |
|-------|--------------|--------------|
| _____ | _____        | (____) _____ |
| _____ | _____        | (____) _____ |
| _____ | _____        | (____) _____ |

## PATIENT ACKNOWLEDGEMENT FORM NOTICE OF PRIVACY PRACTICES

I have been offered a copy of Notice of Privacy Practices for FAAWC.

☐ Declined ☐ Accepted

Patient Signature: \_\_\_\_\_ Date Signed: \_\_\_\_\_

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

## ASSIGNMENT OF BENEFITS

I authorize the release of any medical or other associated information to my insurance company or companies necessary to process my medical claims. I also authorize payment of medical benefits directly to Foot & Ankle Wellness Center for medical services and supplies provided.

Signature of Patient (or Parent/Guardian): \_\_\_\_\_ Date: \_\_\_\_\_

## FINANCIAL POLICY

Full payment is expected on the day medical services are provided unless you have health insurance that we are in contract with. Our contract with your insurance company requires you to pay the following:

- CO-PAY:** An amount you must pay at each visit to a doctor.
- NON-COVERED SERVICES:** Services that are not covered under your insurance benefit plan.
- DEDUCTIBLE:** An amount you must pay first out of your own pocket each year before your insurance will pay for any services.
- CO-INSURANCE:** An amount (usually a percentage) of the fee that your insurance company expects you to pay.

We will scan the front and back of your insurance card at your initial visit. After that, you must inform us of any change in coverage and provide us with your new insurance card or you will be responsible for payment of those charges. Some insurance plans require a referral from your primary care physician. You are responsible for obtaining this referral prior to your visit or full payment will be expected for the medical services rendered. If you have two health insurance plans, it is your responsibility to inform us which plan is your PRIMARY coverage that we will bill first and which plan is your SECONDARY coverage. You are expected to inform us if one (or both) insurance plans change or are no longer effective.

We will bill your insurance company on your behalf. If your insurance company does not pay us within 3 months, you may be asked to contact them. It is ultimately your responsibility to convince your insurance company to pay for covered services on your behalf. Any "allowed amount" not paid by your insurance company will be billed to you. You will receive a statement by mail, and you must pay the balance within 30 days. You may use CASH, CHECK or CREDIT CARD. You will be assessed a finance charge monthly (12% annually) or a \$1 minimum monthly fee on any unpaid balance.

**CANCELLATION POLICY:** If you need to cancel or reschedule an appointment, please notify us at least 2 business days in advance to allow us to offer that appointment time to another patient. If you should cancel, reschedule or fail to attend an appointment without 2 business days' notice, a **fee of \$35** will be charged.

Person Responsible for Your Bill: \_\_\_\_\_ Relationship: \_\_\_\_\_

Billing Address: \_\_\_\_\_  
(Street) (City) (State) (ZIP)

☐ Check if billing address is the same as patient address.

I have read this financial policy and understand it fully.

\_\_\_\_\_  
Signature of Patient (or Parent/Guardian)

\_\_\_\_\_  
Date

A copy of this agreement will be provided upon your request.

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

## FALL RISK SELF-ASSESSMENT

Please read each statement below. Mark "Yes" if it describes you or "No" if it does not.

- |  |                              |                             |
|--|------------------------------|-----------------------------|
| 1. I have fallen in the past year.   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| If yes, were you injured? (Were you treated, even by yourself?)  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. I have fallen 3 or more times in the past year.   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Sometimes I feel unsteady when I am walking.  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. I steady myself by holding onto furniture at home.  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 5. I am worried about falling.   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 6. I need to push with my hands to stand up from a chair.  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 7. I have some trouble stepping up onto a curb.  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 8. I have decreased or no feeling in my feet (neuropathy).   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 9. I take medicine that sometimes makes me feel<br>light-headed or more tired than usual.                          | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 10. I take medicine to help me sleep or improve my mood.   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 11. Have you ever had a DXA test (dual-energy X-ray absorptiometry)<br>to check for osteoporosis/low bone density? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| If yes, when?  | _____                        |                             |